



Sample Lunch Menu

Chef's Soup of the Day

Brown Bread

(Allergen: 4, 5, 8, 9)

Atlantic Seafood Chowder

Creamy Delight loaded with Fresh Seafood

(Allergen: 1, 2, 3, 4, 8, 13)

Creamy Chicken & Mushroom Bouchee

Shannon Vale Chicken, Mushrooms, Seasonal Leaves

(Allergen: 4, 5, 8, 13)

Copper Pot Chicken Caesar Salad

Shannon Vale Chicken, Bacon,

Garlic Croutons, Parmesan, Caesar Dressing

(Allergen: 4, 5, 8, 9, 13)

West Cork Fish Cakes

Petit Salad, Sweet Soya & Chili Dip

(Allergen: 1, 2, 3, 4, 5, 6, 8, 12, 14)

Open Smoked Salmon on Brown

Brown Bread, Seasonal Leaves, Capers, Red Onion, House Dressing

(Allergen: 1, 4, 9, 13, 14)

Toasted Chicken & Sweet Chili Wrap

Chicken, Cheddar Cheese, Seasonal Leaves

Add Soup of the Day or Seafood Chowder

(Allergen: 4, 5, 8, 10, 11)

Toasted House Special

Baked Ham, Cheddar Cheese, Tomato, Onions, Petit Salad

Add Soup of the Day or Seafood Chowder

(Allergen: 4, 5, 8, 10, 11)

Selection of Sandwiches & Wraps

Baked Ham, Cheddar Cheese, Tomato, Onions, Salad (Choice of 2)

Add Soup of the Day or Seafood Chowder

(Allergen: Ask your Server)

Roast of the Day

Creamed Potato, Seasonal Vegetables

(Allergen: Ask your Server)

Fresh Fish of the Day

Creamed Potato, Seasonal Vegetables

(Allergen: Ask your Server)

Copper Pot Fish & Chips

Light Battered Haddock, Tartar Sauce, Pea Puree,

Seasonal Leaves, House Fries, Lemon Wedge

(Allergen: 1, 4, 5, 8, 9, 13)

Golden Fried Chicken Goujons

Sweet Chili Mayo, Seasonal Leaves, House Fries

(Allergen: 4, 5, 6, 8, 10)

Thai Red Chicken Curry

Shannon Vale Chicken, Vegetables, Saffron Rice

(Allergen: 4, 5, 6, 8, 9, 10, 11, 12, 13, 14)

Side Orders

House Fries | Saute Mushrooms | Saute Onions | Garlic Bread | Side Salad | Vegetables

(Allergen: Ask your Server)

Desserts

Selection of Desserts available please ask your server

(Allergen: Ask your Server)

Allergen Information: 1-Fish, 2-Crustaceans, 3-Molluscs, 4-Cellery, 5-Gluten, 6-Egg, 7-Lupin, 8-Dairy, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Soya, 13-Sulphites, 14-Seasame