



## STARTERS

**CREAM OF VEGETABLE SOUP €5.50**

*HOMEMADE BROWN SODA BREAD (6(WHEAT),9)*

**ATLANTIC COAST SEAFOOD CHOWDER €7.50**

*A SELECTION OF FISH AND SHELL FISH IN A CREAMY & RICH SOUP, HOMEMADE BROWN BREAD (1,2,3 (VARIOUS),6(WHEAT),7)*

**CHICKEN & MUSHROOM FRICASSEE, €7.50**

*WITH SALAD & RUSTIC TOAST (6(WHEAT), 7)*

**WEST CORK SPICED BEEF SALAD €8.50**

*ROCKET, CANDIED HAZELNUT, APPLE & PARMESAN (7)*

**GOLDEN FRIED SCAMPI TAILS, €9.50**

*PANKO BREAD CRUMBS, TARTARE SAUCE, SALAD (1(PRAWN), 6(WHEAT), 11)*

**STEAMED WEST CORK MUSSELS, €10.50**

*CHOOSE FROM CLASSIC MARINIÈRE OR TOMATO & HERB (2 MUSSELS, 6 WHEAT, 7, 9)*

**CHICKEN LIVER PARFAIT, €6.95**

*SALAD, RED CURRANT JELLY (6(WHEAT), 7)*

**CRISP FRIED PULLED PORK, €6.80**

*MIXED LEAVES, HOUSE SLAW & HORSERADISH SAUCE.(9)*

**LEMON & THYME MARINATED CHICKEN SKEWER €7.00**

*MIXED LEAVES, SPICY DIP. (9)*

## MAIN'S

**NOODLE STIR-FRY €14.50**

*CHOOSE FROM CHICKEN, BEEF, DUCK, SMOKED TOFU OR PRAWN (6 WHEAT, 8, 9, 10) (ALLERGEN FOR THE PROTEIN ELEMENT WILL CHANGE WITH YOUR CHOICE)*

**COPPER POT FISH & CHIPS €15.95**

*LIGHT BEER BATTERED HADDOCK, MUSHY PEAS, TARTARE SAUCE (3 HADDOCK 6 WHEAT, 11)*

**PRIME IRISH 8OZ HEREFORD BEEF BURGER, €15.95**

*BACON, CHEDDAR CHEESE, CARAMELIZED ONIONS & RELISH (6 WHEAT, 7, 9)*

**SHANNON VALE CHICKEN SUPREME €16.50**

*PEARL BARLEY, CARROT & SPINACH, GRAVY, (7, 9, 12)*

**SLOW BRAISED SHANK OF IRISH LAMB, €19.95**

*ROOT VEGETABLE STEW, CREAMED POTATOES. (7, 9, 12)*

**PAN FRIED DUCK MAGRET, €19.95**

*TOSSED GREENS, POTATO GRATIN, BLACKCURRANT SAUCE (7, 9, 12)*

**ROAST STRIPLOIN OF IRISH BEEF, €16.25**

*CREAMY MASHED POTATO, STEAMED VEGETABLES, YORKSHIRE PUDDING, GRAVY*

**12OZ IRISH STRIPLOIN STEAK €26.50**

*CHIPS, ONIONS, PORTOBELLO MUSHROOM, SALAD ROAST TOMATO & PEPPER SAUCE (7, 9, 12)*

**THAI RED CURRY €15.95**

*CHOOSE FROM CHICKEN, BEEF, DUCK, SMOKED TOFU, PRAWN OR VEGETABLE WITH BASMATI RICE, (9, 10, 13) (ALLERGEN FOR THE PROTEIN ELEMENT WILL CHANGE WITH YOUR CHOICE)*

**CRISPY CHICKEN BURGER, €15.90**

*SLICED TOMATO, BABY GEM LETTUCE, RED ONION, CHIMICHURRI (6 (WHEAT) 7, 9)*

**IRISH LAMB STEW €14.95**

*SHOULDER OF LAMB, SLOW COOKED WITH ROOT VEGETABLES, MASHED POTATO. (9, 12, 14)*

**PLEASE SEE OUR BLACK BOARDS FOR OUR KITCHEN TEAMS' SPECIALS TODAY**

**SIDE ORDERS ~ €3.50**

HOUSE FRIES  
SAUTÉED MUSHROOMS  
SAUTÉED ONIONS

GARLIC BREAD  
SIDE SALAD

STEAMED VEGETABLES  
BABY POTATOES

**Your server will bring our dessert menu for you to choose from at the end of your meal.**



## WELCOME TO THE COPPER POT RESTAURANT

WEST CORK IS A MELTING POT FOR SOME OF THE FINEST RAW INGREDIENTS IN THE COUNTRY & WE CONSIDER OURSELVES INCREDIBLY LUCKY TO HAVE SUCH ABUNDANCE ON OUR DOOR STEP!

OUR HEAD CHEF VINCENT & HIS TEAM STRIVE TO SOURCE OUR PRODUCE LOCALLY WHERE EVER POSSIBLE AND BELIEVE IN ALLOWING THOSE INGREDIENTS TO SHINE IN CRAFTING THEM INTO INTERESTING AND TASTY DISHES FOR YOU TO ENJOY.

WE TRUST YOU WILL ENJOY YOUR MEAL TODAY AND WE WOULD VALUE ANY FEEDBACK YOU MAY WISH TO SHARE WITH US.

### Allergen Index

Please notify your server if you have an allergy so they can properly advise you on what dishes can be adapted to suit your needs.

Allergen notes below are listed in red next to the each dish.

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|--|------------------------|
| 1 – Crustaceans (define type e.g. prawns or crab)  | 8 – Soya               |
| 2 – Molluscs (define type e.g. oysters or mussels) | 9 – Sulphites          |
| 3 – Fish (define type e.g. Hake or Salmon)         | 10 – Sesame            |
| 4 – Peanuts  | 11 – Egg               |
| 5 – Tree Nuts (specify type of nut)                | 12 – Celery & Celeriac |
| 6 – Cereal containing gluten (state what type)     | 13 – Mustard           |
| 7 – Dairy/Milk products                            | 14 – Lupin             |